

## Report on the Two-Day Workshop on Play-Based Pedagogy in MSVV

<b>Date</b>	03 <sup>rd</sup> & 4 <sup>th</sup> December 2024
<b>Time</b>	08:30 AM to 01:30 PM
<b>Organiser</b>	Modern Institute for Education in collaboration with MSVV
<b>Venue</b>	Modern School Vasant Vihar
<b>Facilitators</b>	Ms. Radhika Verma, Ms. Meeta Narayan; Ms. Catherine Thomas, Ms. Neha
<b>Participants</b>	43 primary teachers from NDMC schools



### Introduction

The workshop aimed to introduce and explore play-based pedagogy, a teaching approach that focuses on the holistic development of children by engaging them in activities that promote cognitive, emotional, social, and physical skills. Through a combination of interactive activities and discussions, the workshop encouraged participants to implement play-based learning strategies in their classrooms to make

education more engaging and effective.



### Day 1: 3rd December 2024

The workshop commenced with a welcome address by Ms. Vibha Khosla, Principal, MSVV, who asked participants to take part in the workshop actively. Ms. Geeta Rawat, Headmistress, MSVV also welcomed participants and oriented them towards the day's schedule and introduced the facilitators of the day Ms. Radhika Verma, Ms. Catherine Thomas, and Ms. Neha.

Thereafter, the facilitators began the workshop with an ice-breaking activity. The participants were asked to introduce themselves using a describing word that emphasized the best quality they have. This activity set the tone of camaraderie and openness.

### Conceptual Understanding

Facilitator Ms. Radhika first unpacked the conceptual terms like **cognitive, social, and emotional development**, linking them to real-life classroom scenarios.

She also discussed the difference between **conventional and play-based pedagogy** underlining the importance of practicing innovative pedagogies in the classroom to address the current needs emphasizing child child-centric approach in education.

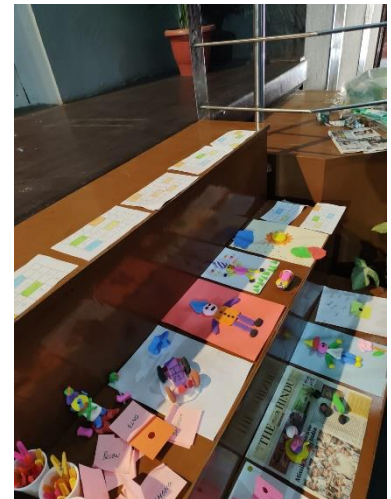
## 1. Parts of a plant



The facilitator asked participants how to introduce parts of a plant in their classroom. She discussed how they do it in their class. Then, she asked every group of participants to create a part of the plant with the help of things kept at their table. One group created roots, the other one shoots, and one of the groups created fruits and like. Every group was asked to present their creation and paste it on the whiteboard. Then the facilitator said that this activity inculcates team spirit, collaborative work culture, and creativity among students.

## 2. Sensory Play-dough activity

This activity fosters creativity and helps in introducing 2D and 3D shapes and patterns. The facilitator delineated the fact that it is the creativity and imagination of the teacher that determines how much students gain from any such activity. She also discussed how such activities enhance the sensory as well as fine motor skills of students.



## Language and cognitive development

### 3. Tambola game

In this game, the facilitator instructed participants to write down Akshar from 'ka' to 'ha' on the Tambola sheet. She said that she would say some riddles, or Akshar, or a sentence in Hindi and ask to identify the sound of the letter she emphasizes through a riddle, sentence, or simply the Akshar.

The participants have to cut off the letter in the Tambola sheet if they are successful in cracking the riddle or identifying the sound of the letter. For example, she said .....hi jeewan hai. Complete the sentence and cut off the first letter of the word, the sentence begins with. The answer is jal and the participant has to cut off the akshar 'j'. This activity helps in building the Hindi literacy and language



skills of students. In addition, it also helps in instilling problem-solving, and letter-sound coordination skills. It focused on letter recognition and word formation through riddles and challenges.

#### 4. Prepositions Game

Participants created sentences using prepositions, an activity that combined language learning with creativity.

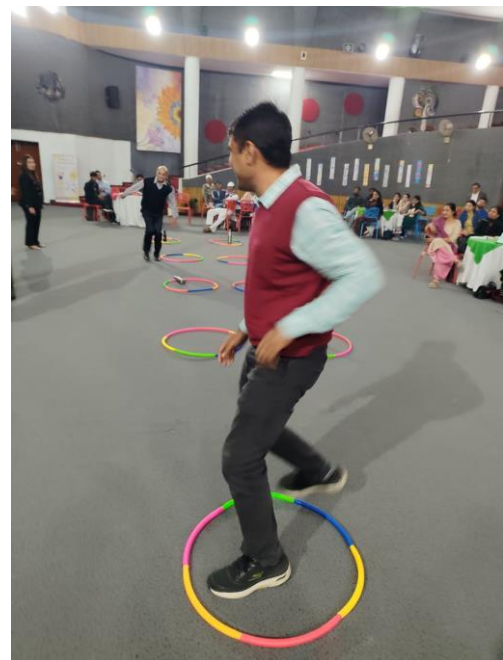
#### 5. Activity: Burst the Balloon

Number names of 1 to 20 were written on a piece of paper and were pasted on the stairs, and floor of the stage. The participants had to inflate a balloon, write numbers from 1 to 20 each on one balloon, and find the number name of the number. The first three winners were given prizes. This activity helps in making children learn number names, helps in boosting gross motor skills, and develops observation and problem-solving skills.

In another Math-related activity, the participants have to find out the hidden numbers and set them in ascending and descending order.

#### 6. Activities for physical development

Games like Hoola Hoop Ring Pass and musical chairs promote physical development, rule-following, and gross motor skills.



#### 7. Meditation: Breathing buddy

Ms. Geeta Rawat, Headmistress took a small session on meditation and demonstrated how it can be done in a fun way to raise interest among small kids. She said that these days diverse groups of learners are present in the class and sometimes it becomes difficult to keep them engaged in the daily classroom practices.



Therefore meditation is a meaningful activity that helps in increasing the focus and attention level of students. She said that meditation consists of two main activities breathing in and breathing out. But in front of children, we say that imagine you are smelling a flower so

that they breathe in and imagine that you are blowing off a candle so that they breathe out. Keep saying and repeating sentences so that their focus and attention can be raised and a calm environment in the classroom can be built.

The first-day workshop ended with a thank-you note by Ms. Neha.

## Day 2: 4th of December 2024

The day began with a recapitulation of Day 1 led by Ms. Neha, followed by a prayer and morning energizer activities like Zumba to create a cheerful environment.

### 1. Creative Expression and storytelling

Facilitator Ms. Meeta Narayan conducted a storytelling session, presenting The Gingerbread Man. She told the story with props and all. The next step in the activity was to ask the groups to create their own props and present a story of their choice. The aim was to enhance language skills, comprehension skills, creativity, and teamwork.

### 2. Healthy Living



Participants discussed healthy vs. junk food, using play dough to model balanced plates. This activity highlighted the importance of a nutritious diet for children's growth and development.

### 3. Cultural Activities

Sessions on celebrating festivals through drawing, skits, and community lunches emphasized incorporating cultural awareness into the curriculum.

#### Interactive Learning Strategies:

Activities like Rangoli Making and Kitchen Creations allowed participants to combine art and learning effectively.



**Rangoli Making:** To introduce the concepts of Festivals of India.

**Objective:** Encouraging cultural awareness and artistic expression.

For this activity, it was decided that a jury should be created to decide the best rangoli. Therefore, Ms. Vibha Khosla, Principal was asked to choose the best Rangoli. She came to judge the Rangoli along with the presentation skills of the participants and announced the winner. The Principal also shared her learnings and some motivational anecdotes to inspire the teachers. She also interacted with teachers and exchanged ideas about how this collaboration could be taken forward. However, instead of

choosing the best rangoli-making team, she asked the facilitator to give a token of appreciation to each participant who made rangoli.

The ended with feedback from participants and a vote of thanks by Ms. Neha.

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#### Key Takeaways: Play-based pedagogy

Promotes holistic development by integrating cognitive, emotional, and physical activities.

Activities can be tailored to different subjects and age groups to enhance engagement.

Teachers appreciated the hands-on approach and expressed enthusiasm for implementing PBP in their classrooms.

#### Conclusion

The workshop successfully demonstrated the effectiveness of play-based pedagogy in making learning enjoyable and impactful. The enthusiasm and active participation of the teachers underscored the relevance and potential of this approach.



### **Acknowledgment**

Special thanks to the Principal, Ms. Vibha Khosla, MSVV, Ms. Geeta Rawat, Headmistress, MSVV, and Ms. Neha, Ms. Radhika Verma, Ms Catherine Thomas, and Ms. Meeta Narayan for their support, help, and enthusiasm to conduct the workshop. Their dedication and cooperation made the workshop a resourceful success.